

# RICOCHET

Monthly newsletter of VVAA Sunshine Coast Sub-Branch Inc., OCTOBER 2020

## ADF helps out across the nation

The Australian Defence Force has around 2500 personnel deployed as part of Operation COVID-19 Assist (as at 5 October).

Across Australia, Victoria has 694 deployed, New South Wales 685, Queensland 442, Western Australia 188, South Australia 182, Northern Territory 128 and Australian Capital Territory 8.

In Queensland, 349 ADF personnel were supporting quarantine compliance management efforts, including at airports and hotels (A number of personnel were supporting state police with Queensland border controls, but were being withdrawn).

Similar support roles are being undertaken in other states and the territories.

The ADF itself was managing 91 cases among its personnel in Australia and overseas. All have recovered.

Additionally, the ADF:

Has established the three-star-led COVID-19 task force to coordinate Defence's internal response to COVID-19 and support the whole-of-government effort;



Is supporting Emergency Management Australia-led (EMA) planning for the National Communicable Disease Incidence of National Significance Plan;

Is supporting the Department of Health with logistics and specialist staff;

Has been supplying clinical and epidemiological support to the Department of Health National Incident Room since early February; and

Twenty ADF and Defence APS personnel are embedded in various Australian Government agencies, including the Department of Home Affairs and Services Australia.

In other ADF news, the Federal Government announced \$67 million in

***TROOPS from 3 Brigade arrive by RAAF KC-30A at Avalon to undertake COVID-19 response duties.— photos and story, ADF sources.***

initiatives for the Army Reserve.

This includes: Additional reserve days to provide supplementary employment for up to 21,000 existing Reservists; an additional 25,000 reserve days to help recruit up to 500 additional ADF Reservists; and an overall increase of up to 210,000 in the total reserve days for this financial year.

The government believes this will provide part-time employment opportunities across Australia.

**INSIDE: Battle of Britain; facing ghosts in Hanoi; diving heroes.**



**OUR MISSION:** To assist ALL veterans and their dependents in all matters relating to their health, welfare and well-being.

**Our website:** [www.vietnamvetssc.org.au](http://www.vietnamvetssc.org.au)

**Email:** [secretaryvvaasc@gmail.com](mailto:secretaryvvaasc@gmail.com) **Editor:** [ricocheteditor@gmail.com](mailto:ricocheteditor@gmail.com)

**General information Page 2.**

Veterans & Families Counselling

**OPEN ARMS**

1800 011 046



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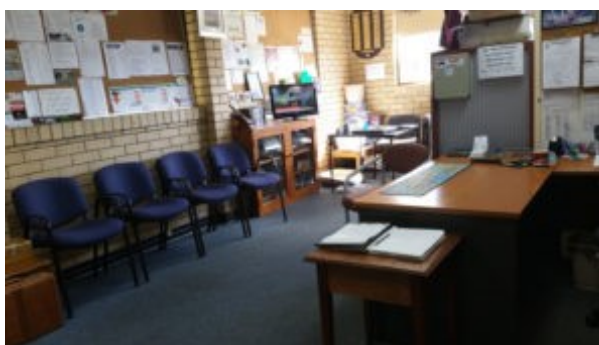
## VVAASC SUB-BRANCH DROP-IN-CENTRE

Located at the rear of the Library Complex Administration Building  
(upstairs) , Cnr Sixth Avenue and Beach Parade, Cotton Tree.

**Office Phone 54794552 Fax. 5479 4558.**

**E-mail: secretaryvvaasc@gmail.com**

***OFFICE HOURS: As part of the response to the COVID-19 (coronavirus) pandemic, the Drop-In Centre will open only on Wednesday from 1000 for 2/3 hours and Thursday 0730 to 1330 (subject to change any time).***



### Veterans & Families Counselling

## OPEN ARMS

**24 Hour Crisis Line Toll Free**

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PO Box 1797, (or 129 Horton Parade) Maroochydore, QLD, 4558

This service provides counselling and support to all veterans of overseas conflicts. The families of Vietnam Veterans are also able to receive counselling through us. Group programmes include the Lifestyle Management Program (5 days live-in with partner) and the Heart Safe Program (12 month gym). Other therapeutic/educational groups are being planned for the Sunshine Coast.

## **Department of Veterans' Affairs**

**Veterans' Advice Network (VAN)  
129 Horton Parade, Maroochydore, QLD 4558.  
Free call to Brisbane Office 1800 555 254**

**DISCLAIMER:** The committee of Vietnam Veteran Association of Australia Sunshine Coast Sub-Branch Inc. and its individual members take no responsibility for errors, omissions or inaccuracies in this newsletter, nor accept liability for any loss or damage suffered directly or indirectly from the use of information contained in this newsletter, and do not warrant that opinions published in this newsletter are necessarily the opinions held by the Vietnam Veterans Association of Australia, this Sub-branch or the Sub-branch Committee, including individual members.

**OUR MISSION: To assist all veterans and their dependents in all matters relating to their health, welfare and well-being.**

# Last of legendary *Krait* crew dies

The last surviving member of the crew of the legendary *Krait* (*pictured*), which took special force members on Operation Jaywick during World War Two, has died. He was Able Seaman Moss Berryman, who was 96.

On possibly the most long-range and daring special forces raid of the war, a captured Japanese motor sampan set out from Exmouth in Western Australia bound for Singapore on September 2, 1943, well inside Japanese controlled waters.

When they returned nearly seven weeks later, the crew of 14 had carried out one of the most successful clandestine raids in Australian history.

The 68 ton *Kofuku Maru* had been seized by British authorities in Singapore following Japan's entry into the war. In 1943 she was renamed *Krait* (after a small but deadly fighting snake) and assigned to the Services Reconnaissance Department, the parent organisation of the famed Z Special Unit, which was responsible for covert operations in enemy territory.

The objective of Operation Jaywick was for a group of Australian and British Z Special Unit members to attack Japanese shipping in Singapore using time delayed limpet mines. The operatives and crew included 10 sailors and four soldiers.

The expedition was led by Major Ivan Lyon of the Gordon Highlanders who, along with Major Jock Campbell of the King's Own Scottish Borderers, had devised the plan in 1942 after they had escaped the Japanese invasion of Singapore. Essential to the plan was a vessel that could pose as a local fishing boat or trader.

The crew hoisted the Japanese ensign on 6 September and *Krait* approached Lombok Strait, the first 'danger area' of her voyage, just after noon on 8 September.



On the two-week voyage though Japanese-occupied waters they flew the Japanese flag and posed as Malay fishermen, wearing sarongs and constantly applying foul-smelling brown dye to their skin. When, occasionally, a Japanese float plane flew over, members of Z Force would wave and stand in a circle pretending to unpick fishing lines.

On 18 September *Krait* arrived off Singapore – which was ablaze with lights and where the Japanese thought themselves safe – and offloaded six commandos in three two-man canoes. Much to their disappointment, Berryman and a mate were told to stay behind. "Of course, we put on a bit of a turn – 'We've done all the training, sir, why can't we be in it?' – and he said, 'Nope, you two are going to be babysitters and look after *Krait*'".

The canoeists established a base in a cave on a small island, and on the night of September 26 they paddled into the harbour to attach limpet mines to seven vessels, sinking or damaging 37,000 tons of shipping.

The *Krait* is at Australia's National Maritime Museum in Sydney. – from the *Royal Australian Navy website* and *The Telegraph (Sydney)*.

## REMEMBERING WHEN ....



**BACK IN Vietnam (from left) Aussies about to leave the country on HMAS Sydney in 1972; Ordinary Seaman on HMAS Brisbane carrying shells,**



**and RAAF Base Support Flight cooks on the job. – photos Australian War Memorial, more information on DVA Anzac Portal (Vietnam: our war - our peace). (This space was reserved for last-minute photos from the resumed Thursday breakfast that did not happen.—Editor.)**





## From the President

Hi Everyone,

I sincerely hope that you and yours are fit and well during these hectic times. Not much news I'm afraid. Owing to the situation we currently find ourselves in there is very little happening.

We are still not allowed to hold our monthly meetings at the library and if and when we get to have some form of Committee meeting, it's been held in the bar area of a licensed premises. Everyone seems a little frustrated, but, what can you do?

A bit of bad news concerning our oldest member; Chips Ross. Poor old 'Chips' has found himself to be admitted into the St. Vincent's Hospital at Chermside. **(He is pictured during the recent service at the National Dog Memorial on Vietnam Veterans Day.)**

During a very recent colonoscopy, cancer was detected within his bowel which has resulted in immediate surgery. He has had a portion of his bowel removed and will shortly be transferred to a Rehabilitation Centre for recovery. As he is/was not allowed visitors, I have been in touch with him via telephone and I can tell you, he is not happy!

He tells me that he thought he would be up and around the place by now and is frustrated that he still remains in hospital. He has asked me to inform you all that he can now be known as 'A RAEME WIMP.'

On our committee's behalf, Scotty has just completed a thorough inventory of our assets held at the Alaric Homestead.

A request from Ted Robinson to have the 'Cold Room' at Alaric donated to his new venture at Adavale, (The Adavale Services Escape) was approved at a recent committee meeting and consequently, Ted is currently in the act of relocating this item of property to its new location.

At our next committee meeting, we will discuss what other assets at Alaric are worth retaining at this time and what items can be donated to similar organisations that are 'not for profit' and support military and ex-military personnel.

We still have no word on when we can re-commence the Mooloolaba Breakfast mornings at the Surf Club, but our breakfast committee continues with their efforts in attempting to resume that activity at the very earliest opportunity.

Please take care of yourselves and remember, if anyone has any good ideas on how we can advance our association, then please let us know.



**Best Regards,  
Mick Howe,  
President.**





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## FROM THE ACTING SECRETARY

Well here we are about 12 weeks out from Xmas and the world continues to evolve around us as it has most of the year of 2020.

Covid-19 continues to define our day-to-day lives and restrictions have now become a normal behaviour for us all.

For those that aren't aware, our senior member Brian (Chips) Ross has recently had surgery for a bout of bowel cancer. From all reports, surgery went well and he moves to rehab this week.

Mick Howe has spoken to him a couple of times and he seemed frustrated because his freedom had been taken from him.

Mick explained that because he was RAEME, his recovery will be slow, and if he had been RAINF, he would probably be home by now!

Several senior committee members have been discussing the re-

turn of distribution of hard copies of *Ricochet*.

Options will be decided at a later date when full meetings are appropriate and we have all committee members present. Your thoughts are welcome.

Editor Kerry White still seeks material of interest for inclusion in *Ricochet*; keep them coming.

The DIC continues to open on Wednesday attended by Crissy Wessels and Margo Christie and, on Thursday by Mick Howe for any legal papers, etc. to be attended to.

Still no word on Sausage Sizzles at this stage, but we have noticed that Bunnings continue to host same on weekends only.

No clearance as yet for Thursday Brekky however Riflemen's lunch is again up and running and what better way to mix with like-minded mates at Mooloolaba surf club from

noon, first Friday of each month. See you there.

That's about all for me this month. On closing, spare a thought for relatives and friends still locked away in Victoria as you now start enjoying our spring and warmer beach weather.

Stay safe and keep well.

**Kind regards**

**Garry King (Only acting secretary)**

(LATE MAIL: Breakfasts were to be back on from 1 October, but it was cancelled at last minute. – Editor).



**GARRY KING resting in Vietnam (1 ARU, 3 RAR 1968).**



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## FROM THE EDITOR

RECENTLY, while reflecting on this tumultuous COVID-19 year, Charles Dickens' opening words in *Tale of Two Cities* came to mind.

"It was the best of times, it was the worst of times, it was the age of wisdom, it was the age of foolishness, it was the epoch of belief, it was the epoch of incredulity, it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair."

The story, published in 1859, was set in the French Revolution in the previous century.

The words could be applied to many significant events in history – wars and revolutions,

disease and pestilence ... depending on humanity's reaction to them. The Vietnam War, of course, has a poignancy for our association and its members. Though not universal, it certainly touched many people in many countries in many different ways.

One of those was, of course, United States Defence Secretary Robert McNamara, whose decisions and/or recommendations guided much of the war. At the War Remnants Museum in Saigon a few years ago, I read his words (in part): "Yet we were wrong, terribly wrong. We owe it to future generations to explain why". The words added to a traumatic experience.

McNamara went to Hanoi in the 1990s to meet with government officials in reflecting on the war, apparently not successful in putting to

rest the ghosts. So, in this issue of *Ricochet*, we begin a serialisation of a *New York Times* article on that visit. Interesting, to say the least.

Also reflecting "the best of times" and "the worst of times ..." is the family photo on this page: A composite portrait of Mary and Henry Hutchins, of Woorinen North, Victoria, and seven enlisted sons (from left, back row) David, Malcolm, Eric, Fred, William and Ivan; (front row) Mary, Alan and Henry. The seven brothers enlisted and served overseas during the Second World War. Only three – Ivan, Malcolm and William – survived.

This has been a tough year to varying degrees for many in all walks of life, but so were the days and nights of war, particularly for families like the Hutchins who had the best of times in welcoming home three sons, but the worst in accepting that four did not return.

**Best  
Regards,  
Kerry White  
Editor**



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Battle of Britain Day is commemorated on September 15 every year, remembering the day the Luftwaffe launched the largest bombing attack, forcing the entire RAF to engage in the defence of London. This day resulted in a decisive British victory and was the turning point of the air war.

The Battle of Britain officially lasted

## ‘So much owed to so few’

from 10 July to 31 October 1940. The battle began with German attacks on coastal convoys in an effort to draw RAF fighters into battle. These attacks were followed by brief and unsuccessful raids on British radar installations and raids

against RAF airfields in southern and south-western England. Luftwaffe bombers suffered heavy losses to RAF fighters but fighter losses were about even.

Twenty-five Australians were considered eligible for the Battle of Britain clasp to the 1939–45 Star. Others flew during the battle with RAF Bomber Command and Coastal Command but the total number involved in the battle did not exceed 35.

Eight Australians became air aces by shooting down five or more enemy aircraft. Pat Hughes from Cooma had 14 successes, which puts him among the ten leading aces of the battle.

Of the total of 537 RAF Fighter Command pilots who died at least ten were Australian. Another four who were enlisted in the Royal Australian Air Force also died.

Prime Minister Churchill praised the pilots of the Battle of Britain with his famous words, "Never in the field of human conflict has so much been owed by so many to so few."



**SPITFIRES on a mission, World War Two. — from The Spitfire Site.**

— From Australian Military History.

When travel is back on your agenda,

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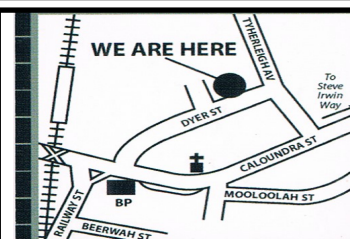
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## Super 8 camera wanted

Anyone happen to have a Super 8mm camera like this one they do not want, or know where one is available? Our keen member, Scotty, is after one for a mate. Super 8s were first made by Kodak in the 1950s and fell out of fashion after video cameras came in. Contact Scotty through the office.



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# Navy divers go down in history

The Royal Australian Navy (RAN) Clearance Diving Team 3 (CDT3) was awarded the US Navy Meritorious Unit Commendation for conspicuous service on September 23, 1969.

CDT3 was an elite group of 49 officers in the Vietnam War trained in explosive ordnance disposal who embodied the unit's motto 'United and Undaunted'. The first contingent (**pictured**) of six personnel arrived in Vietnam on 6 February 1967 and commenced operations to prevent enemy sabotage of friendly during Operation STABLEDOOR in Vung Tau.

During this operation, the men successfully defused a number of devices planted by Viet Cong sappers, and also participated in clearances of Viet Cong tunnel complexes for weapons caches. For their service, the first contingent was recognised with the US Navy Meritorious Unit Commendation for conspicuous service from February 19 to June 30, 1967.

In August 1970 the team was relieved by South Vietnamese Navy personnel. During the three and half years on Operation STABLEDOOR, CDT3 searched 7441 ships. In total, eight contingents served in CDT3 for six to seven month rotations across four years of service.

The only fatal casualty suffered by CDT3 was a young



sailor who was killed during a motor vehicle accident whilst on exchange with an American unit in Cam Ranh Bay.

CDT3 was disbanded in 1971 and was not reformed until 1991. Their legacy was carried on by their successors, who would go on to serve in the Gulf War and the 2003 Iraq Campaign.



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## Famous cinematographer a front-line hero

LAST month marked the anniversary of one of Australia's most famous photographers and war correspondents, Damien Parer (pictured right). On September 17, 1944 at Palau on the island of Peleliu he was killed by a burst of Japanese gun fire, reportedly trying to get shots of the faces of the advancing soldiers at the time of his death. He also filmed in Greece, Syria, Tobruk and New Guinea and was cinematographer for Australia's first Oscar winning film 'Kokoda Front Line'. — AWM photo.



## MODERN ARMY STYLE



AN Australian Army soldier (above) from 2nd Commando Regiment at Avalon Airport, Victoria, during counter-terrorism training; and Private Ashleigh Deguara (right) in the Middle East protecting her fellow soldiers as a Guardian Angel — the Force Protection Element that watch over trainers, mentors and advisers in the Middle East.. Inset above right: A 4 RAR, B Company, Digger in South Vietnam 1971. — ADF photos.



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**SURELY** a rare moment (right): A group of Victoria Cross recipients stands behind the grave of Corporal Edmondson VC on April 25, 1953, in the Tobruk War Cemetery, Libya: (from left) Pte Frank Partridge, Pte Edward Kenna, Sgt Jack Hinton, Pte Richard Kelliher and Sgt Reg Rattey, all Australian except Sgt Hinton, a New Zealander. They were on their way to England to attend the coronation of Queen Elizabeth II. Cpl Edmondson was awarded a VC posthumously in 1941 for outstanding resolution, leadership and conspicuous bravery at Tobruk. – photo from AWM P01895.001.

## BRAVER THAN THE BRAVE



## THANKS PEACEKEEPERS



A PICTURE that says it all ... published by the ADF to mark National Peacekeepers and Peacemakers Day on September 14. In September 1947, the first Australian peacekeepers arrived in the Netherlands East Indies to begin work as unarmed military observers. Peacekeepers and peacemakers have played, and continue to play, a critical role in providing support and assistance to victims of conflict, in often unstable and dangerous locations. Their work provides shelter, medical assistance and security to those who need it most. This photo could be anywhere ... a Digger and a local somewhere in the world who want peace. – ADF information and photo.



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# Plenty to do on the Sunshine Coast

Fancy a walk along a track that takes in an old railway tunnel — if you have not done it, that is what awaits on a walk near Landsborough.

Dularcha Rail Tunnel (pictured) is one of the many places of interest featured in a new Cultural Heritage Discovery Guide just released by Sunshine Coast Council.

Printed copies of the guide are available from museums, libraries, council administration buildings and visitor information centres and an electronic version is available on the Council app under 'Things to Do'.

Council believes the Discovery Guide will help people explore and discover our region's history and natural heritage including the cultural heritage of our Traditional Custodians.

"This is the Year of Indigenous Tourism and what better time to

launch a new Discovery Guide which acknowledges the important role Traditional Custodians have played and continue to play," council said.

"If you love walking, take a hike to



one of the Sunshine Coast's oldest train tunnels in Dularcha National Park in Landsborough; if you love lace, drive north to Kenilworth for a tour of the museum; and if you'd like to see the most authentic early settler house with an intact collection, visit Bankfoot House Heritage Precinct in the Glass House Mountains."

The guide also features community museums, run by dedicated volunteers, that share stories binding the region together.

The Discovery Guide was funded by the Heritage Levy which aims to protect cultural places, raise awareness of the value of local heritage and celebrate the cultural heritage of the Sunshine Coast.

Find out more here: <https://heritage.sunshinecoast.qld.gov.au/Places/Heritage-Discover-Guide>

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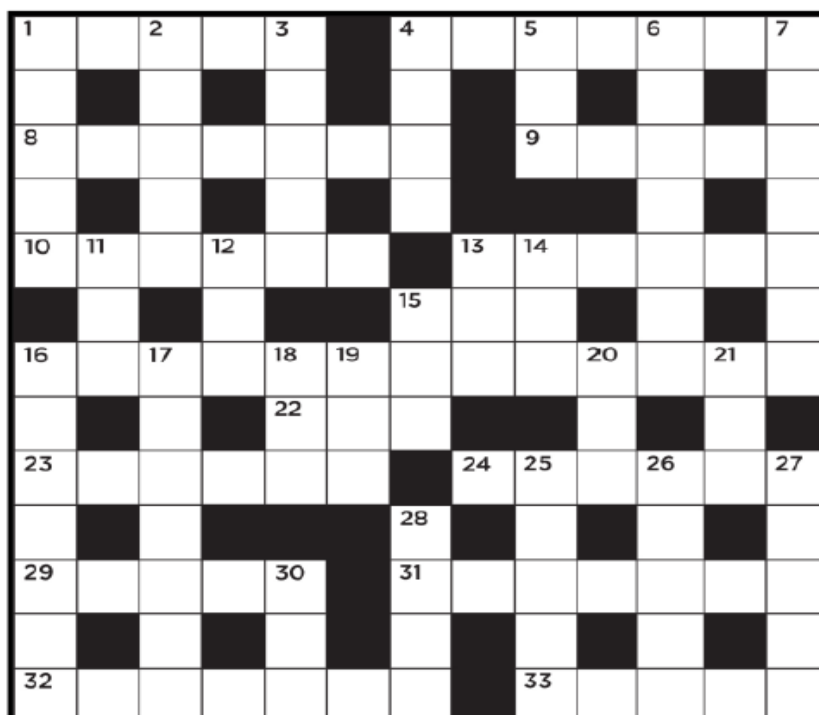
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# JC's BEFUDDLEMENT PAGE ....



## ACROSS

1. Thick cookie
4. Brief documentary film
8. 1986 Ally Sheedy movie
9. Additional
10. CT's favorite spice
13. Cheat
15. Not me, but ...
16. Goldfish are said to have this
22. Bond creator Fleming
23. Deficiency
24. Type of energy
29. Imbibe
31. A T-shirt, for example

## DOWN

32. Myopic
33. Play a trick on a roommate
1. Breakfast meat
2. Leggy wading bird
3. Two-spot
4. Location
5. "See ya!"
6. Devoured
7. Swap
11. University of North Texas, for short
12. Banged Stooge
13. Speak sweetly
14. Attila the \_\_\_\_

15. Yang partner
16. Video game parlors
17. Filling in
18. Author Anaïs
19. Price place
20. \_\_\_\_ Paulo
21. Onassis who wed Jackie
25. Elm, cherry, and maple, for example
26. Flick
27. Military academy student
28. Secondhand
30. Caboodle sidekick?

## Trivia

1. How many Senators are there in Australian Parliament? Options: 96, 76, 85.
2. What worldwide pandemic killed more than 12,000 Australians in 1919? Options: The Plague, Polio, Spanish Flu, Lyme disease
3. Who appeared in the 'Life? Be in it' campaign launched in 1975? Options: Fred, Norm, Gary, Rob
4. Who is "Matilda" in the Banjo Patterson song Waltzing Matilda? Options: Sheep, Swag, Kangaroo, Gum Tree
5. In what year did Vegemite appear on Australian Supermarket shelves? Options: 1954, 1923, 1915, 1935
6. In what year was Paul Keating elected as Prime Minister? Options: 1989, 1991, 1993, 1990
7. In what year did the Eureka (Rebellion) Stockade occur in the goldfields of Ballarat? Options: 1901, 1887, 1865, 1854
8. Name the player who won a grand slam of tournaments in a single year, but became ineligible to compete for the next six years because of a professional contract, before later going on to repeat his great performance?
9. Sir Ernest Edward "Weary" Dunlop, AC, CMG, OBE (12th July 1907 – 2nd July 1993) was an Australian surgeon who was renowned for his leadership skills as a POW of the Japanese during WWII. Prior to WWII while studying medicine at Melbourne University he participated in a sport in which he eventually represented Australia. What was this sport?
10. This Australian Test cricketer (left arm swing bowler) enlisted in the British Army and tragically contracted typhoid and died in Durban at the age of 33. Who was he?
11. The Australian cinema industry began with the 1906 release of the world's first feature-length film. The film is called The story of the [— — —]
12. The name Australia is derived from the Latin Australis, meaning ?
13. Australia has participated in every summer Olympics of the modern era, and every Commonwealth Games. True or false
14. What was the first album to sell more than one million copies in Australia? Options: Whispering Jack by John Farnham, ABBA Gold – Greatest Hits, Thriller – Michael Jackson, Born in the U.S.A – Bruce Springsteen
15. What is the more common slang term for Fish frighteners?
16. Before being named Melbourne, what was the city known as?
17. Who was the first country in the world to give women the vote? Options: Australia, New Zealand, Canada, United Kingdom.
18. Which planet shares its name with a dog?
19. Who wrote the poem Paradise Lost?
20. What did A.E. Frick invent in 1887, which are now worn by thousands if not millions of people? .

## Sort of Easy Quiz!

1. What is the national flower of Wales?
2. Alfred, an ancient King of Wessex, is famous for burning what?
3. What was Marilyn Monroe's natural hair colour?
4. Name Fred Astaire's famous red-haired dancing partner.
5. Which two metals is pewter made from?
6. Which city does the River Lagan flow through?
7. Who sang about being an eggman and a walrus?
8. What takes place in Hong Kong's Happy Valley?
9. Name the port of Rome.
10. How many sides, in total, would three triangles and three rectangles have?
11. Who changed the name of his ship from The Pelican to The Golden Hind?
12. What is entomophobia?
13. Who invented the bikini?
14. What is manzanilla?
15. Paul Newman ate fifty eggs in which film?





**AT THE September Riflemen's Lunch** were (photo at right, from left) Mike Sheahan, Peter Rogers, Hayden Kenney, Garry King, Bill Ochman in background; (above) Alan Chandler and Kevin Lynch. — they served together in 4Plt, B Coy, 9 RAR in Vietnam.

## A place to stay

Veterans who need medical treatment in Brisbane can stay in great accommodation for a small tariff near the city.

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More information is also available at [rslqld.org/find-help/angus-house](http://rslqld.org/find-help/angus-house)

Michelle can be contacted by phoning 0418 721 300 or by email to [michelle.byrne@rslqld.org](mailto:michelle.byrne@rslqld.org)

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# McNamara and his band in North Vietnam

The following article by David K. Shieler is about a visit Robert McNamara made to North Vietnam after the Vietnam War. During the war McNamara was United States Secretary of Defense (1961 - 1968) under Presidents John F. Kennedy and Lyndon B. Johnson. The article titled 'Robert McNamara and the Ghosts of Vietnam' was in The New York Times on 10 August 1997.

NOT LONG after dawn, Robert S. McNamara (*pictured years earlier*) set out on a rapid walk through the half-light of Hanoi. A steamy drizzle soon soaked his dark blue jogging shorts and shirt. He stared intently ahead, barely glancing at the Vietnamese along the way as he marched in a loping stride through the city he ordered bombed some 30 years ago. He walked too quickly for the beggars or the barefoot children selling postcards to keep up with him. He did not seem to notice a boy hawking copies of "The Quiet American." He raced across currents of whizzing motorbikes and bicycles laden with impossibly huge bundles of fruit and shoes and large tin boxes, balanced as ingeniously as weapons had once been on the Ho Chi Minh Trail.

Peasant women in conical hats crisscrossed in front of him, moving gracefully beneath shoulder poles slung

heavily with round baskets of bananas and litchi nuts. One woman squatting at the curb made an enticing gesture toward her pile of reddish litchis but got no reaction. He did not look into the faces of the people. He did not linger to gaze at their colorful wares. He was driven by another agenda, a mission he talked about incessantly as he walked.



In a few hours on this Friday in June, one of the more unusual efforts in the history of warfare was to begin. McNamara, three other former American officials, two retired generals and six historians would sit down with former North Vietnamese officials, diplomats, generals and scholars led by Nguyen Co Thach, a courtly former Foreign Minister, for a four-day discussion of what Americans call the Vietnam War and Vietnamese call the American War. Their main focus would be defined by McNamara's growing conviction that "each of us could have achieved our geopolitical objectives without that terrible loss of life," that both sides missed concrete chances to end the fighting during his tenure as Secretary of Defense from 1961 to 1968.

The thesis amounted to a confession of profound error, and this return to Vietnam -- McNamara's second since the war -- seemed likely to be a lonely journey into a regretful past.

• continued opposite.

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- From opposite page.

Despite his coterie of aging officials and younger historians, it was he above all who bore the burden. The others in the delegation had not conceived the war; they had worked at its margins, had followed orders or had tried to negotiate its end. With most of the war's key architects dead or declining to attend, McNamara stood as the only senior policy maker of the era to visit Hanoi and admit that the war should not have been fought and could not have been won. He wanted it studied as a cautionary tale for the next century. "Human beings have to examine their failures," he declared. "We've got to acquaint people with how dangerous it is for political leaders to behave the way we did."

If penance drove him to Hanoi, it was carefully concealed. The way McNamara examined his failure in Vietnam was to intellectualize it, diagnose it, pinpoint the variables that might have been revised. He was hoping that the Vietnamese would do the same, but they would frustrate him again, as they had 30 years before.

Robert McNamara believes that American leaders acted out of honorable principles, as he argued in his 1995 book, *In Retrospect: The Tragedy and Lessons of Vietnam*. "Yet we were wrong, terribly wrong," he wrote. "We owe it to future generations to explain why." This admission, which generated a mixture of admiration and vilification among Americans, earned him an enthusiastic welcome when he first visited Hanoi in November 1995. The quotation and his book are displayed in a museum in Ho Chi Minh City that features photographs of Americans torturing Vietnamese.

Now he had returned to Vietnam, not so much to test his thesis as to prove it. The title of the conference was a question: "Missed Opportunities?" But there was no question mark for McNamara. He was eager for Thach and the other Vietnamese to confirm what he believed he knew. The war had resulted in the reunified, Communist Vietnam that Hanoi had desired. But Vietnam had not become the agent of Soviet and Chinese Communism that Washington had feared; Communism in Indochina had not toppled the dominoes of Thailand, Malaysia, Indonesia and other Asian countries, as Dwight D. Eisenhower had wrongly predicted when he relinquished the Oval Office to John F. Kennedy in 1961. At that early stage, before the arrival of American combat troops in 1965, could the same ends have been realized at the bargaining table as, later, on the battlefield? Why did Hanoi repeatedly rebuff secret American attempts to open peace talks from 1965 to 1968? Why did the bombing of North Vietnam fail to force capitulation? And a key issue for McNamara:



Le Loi  
memorial,  
Hanoi

## 'Missed opportunities'

"If the United States had invaded North Vietnam, would the Chinese have intervened?" he asked. He had opposed the military chiefs' recommendations of an invasion because he feared China would enter the war; from the Vietnamese he would now seek vindication for that assessment.

McNamara talked as he walked briskly around the Lake of the Restored Sword at the heart of Hanoi. Had he known the legend of this lake in the 1960's, he would have understood the anti-Chinese thrust of Vietnam's historical devotion to independence. The story goes that in the 15th century, when the Ming Dynasty ruled Vietnam, a fisherman named Le Loi found in his net a magical sword that empowered him to lead his people in a 10-year struggle that drove the Chinese out in 1428. Le Loi became Emperor. As he then offered gratitude to the spirit of the lake, a giant golden tortoise snatched the sword and restored it to the depths.

Much of what the Vietnamese would try to explain to the Americans in the coming days touched on this mystical passion to be rid of foreign domination, whether by the Chinese for a thousand years, the French colonialists for more than a century, the Japanese during World War II or the Americans after the French defeat in 1954.

- Continued next issue. Robert Strange McNamara, who was born on June 9, 1916 in San Francisco, died on July 6, 2009 in Washington DC. His books included *In Retrospect: The Tragedy and Lessons of Vietnam* (1995). Your comments are welcome.

Pat a Puppy



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## OSTEOPOROSIS – INFORMATION, CLASSIFICATION AND EXERCISE:

Osteoporosis is a worldwide disease and characterised by reduction of bone mass resulting in bone fragility and increased fracture risk (Akkawi & Zmerly 2018). Approximately two thirds of Australians aged 50 years and over suffer with low bone density (the most common group being post-menopausal women).

However, research states that 30% of elderly males in Australia are diagnosed with Osteoporosis. In 2013, there were approximately 400 osteoporotic fractures per day in Australia, and this figure is expected to increase to 500 per day by 2022. The cost of osteoporosis and osteopenia to Australians in 2012 was approximately \$2.75 billion and is expected to rise to \$3.84 billion in 2022 (Beck, et al 2016).

**Classification:** Bone Mineral Density (BMD) is described as a T-score which represents the number of Standard Deviations (SD) by which the BMD in an individual differs from the mean value expected in young healthy individuals. The table below represents current criteria for diagnosis of osteoporosis.

### World Health Organization – Criteria for diagnosis of osteoporosis (Kania et al 1994):

	T-Score
Normal	-1.0 and above
Osteopenia	-1.0 and -2.5
Osteoporosis	-2.5 and below
Severe (established) osteoporosis	-2.5 and below, plus one or more osteoporotic fracture(s)

**The Role of Exercise:** Previous research has shown that walking plays an important role in the prevention of osteoporosis however; more up to date research suggests that walking may be insufficient to optimize bone health and has very little effect on other fall and fracture related risk factors such as muscle mass, strength and balance (Beck, et al 2016)

Beck, et al (2016) states that an exercise program incorporating moderate to high-impact weight bearing activities, high intensity, progressive resistance training and balance forms the basis of current recommendations; for example jogging, stair climbing, tennis and basketball. Basically, any exercises that add impact to an exercise, namely, stepping, hopping and jumping are also recommended. Directional movements such as side stepping lunges and squat jumps are also recommended when safe to do so.

Consideration should also be given to the frail and elderly, who, although would most certainly benefit from a specific osteoporosis program, may have some limitations clinically which would warrant a more conservative approach with particular emphasis on balance to reduce the risk of falls (Osteoporosis Australia 2014).

**The role of Vitamin D and Calcium:** We should not forget the importance of vitamin D and calcium. An adequate calcium intake is considered essential, especially in post-menopausal women to retain calcium balance due to low estrogen levels. Vitamin D (obtained through the skin via sunlight), is considered important for bone health. A supplement may be prescribed to increase levels of vitamin D when exposure to sunlight is minimal (Brukner & Kahn 2009).

**Conclusion:** Osteoporosis is becoming more prevalent in Australia. It is not only found in post-menopausal women but also in elderly men. Exercise plays an important role in the prevention of osteoporosis and studies show exercises that increase load on the bone and incorporate balance are extremely effective. Prescribed amounts of calcium and vitamin D are also beneficial towards bone health.

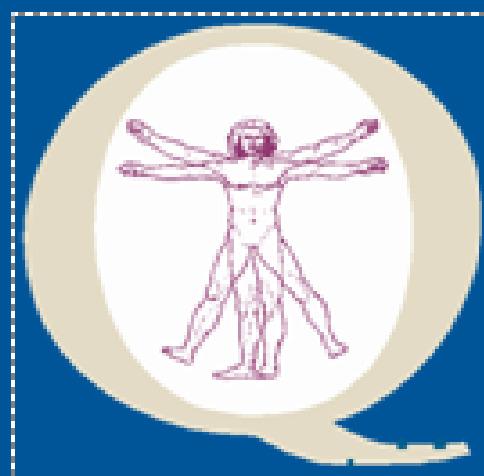
For information regarding Osteoporosis or a specific exercise program contact Quantum Rehabilitation (phone 5452 7538).

**Val Mitchenson – Exercise Physiologist**  
ESSA Accredited Member  
Quantum Rehabilitation

(Further references were provided—Editor)

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## October Timeline: Ford Model T to Battle of Britain

**1 October 1908:** American Henry Ford's Model T, a "universal car" designed for the masses, went on sale for the first time.

**1 October 1946:** Twelve Nazi leaders were sentenced to death at the International War Crimes Tribunal in Nuremberg, Germany.

**6 October 1971:** 3 Battalion, Royal Australian Regiment, is airlifted onto HMAS Sydney, leaving only one battalion at Nui Dat. On 7 November, that battalion, 4RAR also moves out of Nui Dat to Vung Tau, ending Australian combat operations in Phuoc Tuy province.

**10 October 1954:** Ho Chi Minh entered Hanoi, Vietnam, after the withdrawal of French troops, in accordance with armistice terms ending the seven-year struggle between Communist Vietnamese and the French.

**11 October 1852:** Sydney University was opened to students with Reverend Dr John Woolley as its foundation Principal. Eighteen scholarships were funded for students who could not afford fees. The university was first located in the former Sydney College building and five years later began teaching at Grose Farm, west of Sydney.

**12 October 2002:** About 11pm three bombs were detonated in Bali, two in busy nightspots — the Sari Club and Paddy's Bar — and one in front of the American consulate. The explosions killed 202 people, 88 of whom were

Australian, and wounded hundreds more.

**16 October 1943:** Completion of the Burma-Thailand railway. The railway took 12 months to build. The Japanese were able to use it to supply their troops in Burma despite the repeated destruction of bridges by Allied bombing. More than 90,000 Asian civilians died on the railway, as well as 16,000 POWs, of whom about 2800 were Australian.

**17 October, 1917:** The last railway spike was hammered into place outside the tiny settlement of Ooldea in remote South Australia to complete the Trans-Australia Railway linking east and west. It took five years for teams of rail workers to lay the 2.5 million hardwood sleepers and 140,000 tonnes of rail needed to finish the 1693-kilometre job. Five days later the first passenger train set off from Port Augusta, arriving at Kalgoorlie 42 hours and 48 minutes later.

**17-25 October 1944:** The Battle of Leyte Gulf, the largest naval battle in history, took place off the Philippine Islands, during World War II. The battle involved 216 US warships and 64 Japanese ships and resulted in the destruction of the Japanese Navy including the Japanese battleship *Musashi*, one of the largest ever built.

• Continued over page.

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• Continued from previous page.

**18 October 1967:** Prime Minister Harold Holt announces an increase of 1700 to Australia's commitment in South Vietnam, including a third infantry battalion.

**20 October 1973:** The Sydney Opera House was opened by Queen Elizabeth II, 10 years overdue and, at \$102 million, 14 times the original budget.

**22 October 1965:** A demonstration in Sydney against the Vietnam War results in 65 arrests.

**24 October 1889:** Henry Parkes delivered a speech at the Tenterfield School of Arts on the need for the Australian colonies to federate into one nation. The Tenterfield Oration is significant because, although politicians had been discussing federation for some time, this was the first direct appeal to the public.

**24 October 1994:** For the first time in 25 years, British



troops were absent from the streets of Londonderry, Northern Ireland, following cease-fires by Irish Republican Army (IRA) and pro-British forces.

**28 October 1916:** A referendum to determine public support for conscription failed by a slim margin; a second in December 1917 also failed (**Logo pictured**).

**28 October 1962:** The Cuban Missile Crisis ended with the announcement by Soviet Russian leader Nikita Khrushchev that his government was halting construction of missile bases in Cuba and would remove the offensive missiles. President Kennedy immediately accepted and lifted the US naval blockade of Cuba.

**31 October 1940:** The Battle of Britain concluded. Beginning on July 10, 1940, "Never in the field of human conflict was so much owed by so many to so few," declared Prime Minister Winston Churchill.

From <http://www.vvaa.org.au/calendar.htm> <https://www.historyplace.com/> (illustration from Trove)

## ASK YOUR ACTIVOT OT

### DO YOU NEED TO TALK ABOUT CONTINENCE ISSUES?

Incontinence can be an embarrassing subject to talk about, but it should not be as one in four Australians have continence issues! (Continence Foundation of Australia)

Incontinence can significantly impact your quality of life and can increase your risk of falls, but help is available. You can talk to your ActivOT OT in the privacy of your own home.

Symptoms of incontinence could be any of the following:

- ◇ rushing to get to the toilet
- ◇ getting up to go to the toilet twice or more through the night
- ◇ accidental leak before you get to the toilet
- ◇ accidental leak when you lift something heavy or during exercise
- ◇ leak sometimes when you change position
- ◇ or when you cough and sneeze

If you experience any of these symptoms you may have bladder or bowel control issues.

Talk to your GP and ask your ActivOT OT for a sample pack of continence aids to try in the privacy of your own home.

Your ActivOT OT can assist you to access any eligible continence aids through the DVA RAP program.

If you have no trouble with getting to the toilet on time but have shoulder pain and limited range of movement, you may have difficulty taking care of your personal hygiene. Ask your ActivOT OT if you are eligible for a bidet, that attaches to your existing toilet, through the DVA RAP program.

**Warm regards,  
Your ActivOT OT  
Nora**

**Nora English  
Occupational Therapist  
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E: [nora@activot.com.au](mailto:nora@activot.com.au)**





## *'When you're laughing, the whole world laughs with you'*

The old lady handed her Bankcard to a bank teller and said, "I would like to withdraw \$500".

The teller told her, "For withdrawals less than \$2,000, please use the ATM." The old lady wanted to know why

Returning her Bankcard, the teller irritably told her, "These are the rules. Please leave if there is no other matter. There is a line behind you."

The old lady remained silent for a few seconds, then handed the card back to the teller and said, "Please help me withdraw all the money I have."

After checking the balance, the teller was astonished. She nodded her head, leaned down and respectfully told her, "My apologies Ma'am, you have \$35 million in your account and our bank doesn't have so much cash currently. Could you make an appointment and come again tomorrow?"

The old lady then asked how much she could withdraw immediately. The teller told her any amount up to \$250,000.

"Well, please let me have \$250,000 now," she said. The teller did so quickly, then handed it charmingly and respectfully to her elderly client.

The old lady put \$500 in her bag and asked the teller to deposit the balance of \$249,500 back into her account.

Moral:- Don't be difficult with old people, they spent a lifetime learning the skills.

A BIG-SHOT attorney had to spend a couple of days in the hospital. He was a royal pain to the nurses because he bossed them around just like he did his staff.

None of the hospital staff wanted to have anything to do with him.

The head nurse was the only one who could stand up to him. She came into his room and announced, "I have to take your temperature." After complaining for several minutes, he finally settled down, crossed his arms and opened his mouth.

"No, I'm sorry," the nurse stated, "but for this reading, I can't use an oral thermometer." This started another round of complaining but eventually he rolled over and bared his behind.

After feeling the nurse insert the thermometer, he heard her announce, "I have to get something. Now you stay JUST LIKE THAT until I get back!"

She left the door to his room open on her way out. He cursed under his breath as he heard people walking past his door, laughing.....

After about 20 minutes, the man's doctor came into the room. "What's going on here?" asked the doctor.

Angrily, the man answered, "What's the matter, Doc? Haven't you ever seen someone having their temperature taken?"

After a pause, the doctor confessed.....

"Not with a Daffodil."

A CUSTOMER asked, "In what aisle can I find the Polish sausage?"

The shop assistant asks, "Are you Polish?"

The bloke, clearly offended, says, "Yes I am. But let me ask you something. If I had asked for Italian sausage, would you ask me if I was Italian? Or if I had asked for German Bratwurst, would you ask me if I was German? Or if I asked for a kosher hot dog would you ask me if I was Jewish? Or if I had asked for a Taco, would you ask if I was Mexican? Or if I asked for some whisky, would you ask if I was Irish?"

The shop assistant says, "No, I probably wouldn't."

The bloke says, "Well then, because I asked for Polish sausage, why did you ask me if I'm Polish?"

The shop assistant replied, "Because you're in Bunnings."

A JAGUAR mechanic was removing the cylinder head from the engine of an E-Type when he spotted a well-known cardiac surgeon in the garage.

The cardiac surgeon was there waiting for the service manager to come and take a look at his car when the mechanic shouted across the garage, "Hey Doc, want to

take a look at this?"

The surgeon, a bit surprised, walked over to where the mechanic was working.

The mechanic straightened up, wiped his hands on a rag and asked, "So Doc, look at this engine. I opened its heart, took the valves out, repaired or replaced anything damaged, and then put everything back in, and, when I finished, it worked just like new. So how is it that I make \$80,000 a year and you make \$800,000, when you and I are doing basically the same work?"

The cardiac surgeon paused, leaned over and whispered to the mechanic, "Try doing it with the engine running."

- Contributions by John Cunnington and Mick Howe.



**"You want a second opinion? Ask Siri!"**

AS we slowly emerge from the effects of Covid-19 isolation, most of us are getting to attend more and more functions in small groups.

We trust that as the numbers attending any function could soon be increased, so the hope is that we can soon all gather in the numbers that we once used to.

We have a chance that as Remembrance Day approaches, we can all exercise that right to attend a larger gathering.

I am excited to return to 'normal' whatever level of 'normal' that will be, as I have been invited to participate in this year's Remembrance Day service at the Caloundra RSL.

My prayers are that by lowering the restrictions, the minuscule Covid-19 bug will not take advantage of the situation and will not re-appear to cause the untold damage that it has to date.

Let us hold up all those in our thoughts and prayers who have been affected, particularly those who have lost loved ones, not only in our country but throughout the world.

Our granddaughter in Massachusetts had to be tested and quarantined

## Fireside with the Padre



for two weeks after she visited a friend whose brother was diagnosed with this extremely contagious disease.

Fortunately, our Addison's test proved negative, but she still must be re-tested at the end of her period of quarantine.

I guess some of our members as well as their families have been required to be tested, having been warned that they may have been in a place where a Covid-19 carrier had been.

I am told the test is not a comfortable procedure. However, the quick action to detect the virus by such testing methods appears to have worked well to contain the spread of the little beastie.

I would encourage you, once restrictions are released further, to make your way to your favourite local church

to offer the appropriate thanks to God for keeping our nation relatively safe, compared with the rest of the world.

Talking of church, a 'commercial', to keep to the social isolation numbers of persons attending any church service, any intending church goer (at least to the church where Annette and I attend,) has to book the service time we intend to attend online. If we do not make it to the service inside the Chapel, we attend the overflow in the Family Centre, where the service is shown on a large screen.

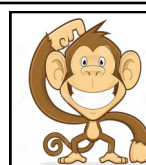
But do you want to hear the good news? Each week, the number attending the overflow group is getting larger! Believe it or not, Co-vid-19 has brought growth into our churches!

Keep well and avoid that sticky little offensive Covid-19 bug, and do not forget to take a silent minute to give thanks that the pandemic has not hit Australia like it may have, thanks to the vigilance of most Australians.

May God bless you and keep you safe from all harm.

**Arthur Fry,  
Honorary Chaplain**

## Answers from page 12



### Easy Quiz Answers

1. Daffodil.
2. Cakes.
3. Ginger.
4. Ginger Rogers (pictured)
5. Tin and lead.
6. Belfast
7. The Beatles.
8. Horse racing.
9. Ostia.
10. 21.
11. Sir Francis Drake
12. An irrational fear of insects.
13. Louis Reard.
14. A light sherry.
15. Cool Hand Luke.



B	R	E	A	D		S	U	B	J	E	C	T
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- from <https://www.rd.com/list/printable-crossword-puzzles>

### Trivia Answers

1. 76
2. Spanish Flu
3. Norm
4. Swag
5. 1923
6. 1991
7. 1854
8. Rod Laver (pictured)
9. Rugby Union
10. John Ferris
11. Kelly Gang
12. Southern
13. True
14. Whispering Jack by John Farnham
15. Budgie smugglers.
16. Batmania—named after John Batman who built a settlement on the
17. New Zealand
18. Pluto
19. John Milton
20. Contact lenses







**CONTINUING** our series on **Australian Memorials for the Vietnam War:** (from left anti-clockwise) **Clarence Valley Memorial in Grafton, New South Wales;** **Geelong North Memorial in Victoria;** **9 Battalion, Royal Australian Regiment, Roll of Honour at the National Vietnam Veterans Museum, Phillip Island, Victoria;** **Bathurst and District Memorial Park;** and the **Cavalry Memorial at Tongala, Victoria.**—from <https://monumentaustalia.org.au/>



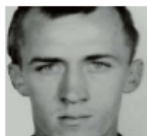
# Roll of Honour – Vietnam, month of October 1962-75 ... Lest We Forget

## October 1965

Field, Ronald Eric (214479), 22, 1RAR, Pte, War Cemetery, Rookwood, NSW.



Hansen, Allan Robert (214329), 25, 1 RAR, Pte, Crematorium, Rookwood, NSW.



Ross, Thomas (212612), 25, 1 RAR, LCpl, War Cemetery, Rookwood, NSW.



## October 1966

D'Antoine, Gordon Henry (54865), 20, 5 RAR, Pte, Karrakatta Cemetery, Perth.



Warburton, Graham Francis A (3786978), 21, Pte, 5 RAR, Warnambool Cemetery, Vic.



Womal, Norman James (15170), 28, 5 RAR, Cpl, Bowen General Cemetery, Qld.



## October 1967

Freeman, John William (2226078), 21, 1 DivIntel Unit, Pte (Temp. Cpl), Northern Suburbs Crematorium, Sydney.



Harald, Noel Stuart (16141), 30, 2 RAR, Pte, Yeppoon Cemetery, Qld.



O'Shea, Geoffrey (18490), 20, 1SqnSAS, Mullumbimby Cemetery, NSW.



## October 1968

Brewer, Kevin Frederick (6708915), 22, 4 RAR, Pte, Ulverstone Cemetery, Tas.



Byrne, Basil Eric (53741), 32, AFV Amenity & Welfare Unit (RA INF), Cpl (TempSgt), Karrakatta Cemetery, Perth.



Davidson, Barry Norton (2788283), 22, 3 RAR, Pte, Northern Suburbs Crematorium, Sydney.



## October 1968 continued

Evans, Paul (1732701), 22, 1 RAR, LCpl, Pinnaroo Cemetery and Crematorium, Brisbane.



Houston, Kenneth Raymond (2787776), 23, 3 RAR, Pte, Garden of Remembrance, Rookwood, Sydney.



McInerney, Neil Anthony (217514), 20, 1 RAR, Pte, Gundagai Cemetery, NSW.



Shaw, Keith Charles (55358), 21, 4 RAR, Pte, Karrakatta Cemetery, Perth.



Slattery, John Michael (2787079), 22, 1 RAR, Pte, Garden of Remembrance, Rookwood, Sydney.



Stahl, Donald Matthew (21934), 44, RAE, att AATTV, 1965-66, died PNG 1968), WO1, Forest Lawn Memorial Park, Leppington, NSW.



Thomson, Ian James (2786038), 22, 3 RAR, Pte, Thirlmere Cemetery, NSW.



Tinkham, John Richard (3791207), 21, 4 RAR, Pte, Garden of Remembrance, Springvale, Melbourne.



Van Rijsewijk, Paul Richard (5715180), 21, 3 RAR, LCpl, Karrakatta Cemetery, Perth.



## October 1969

Binder, Bernd George Fritz (134994), 21, 9 RAR, Pte, Wangaratta Cemetery, Vic.



Casey, Albert Lesley (218715), 20, 3 CavRegt, Trp, Batlow Cemetery, NSW.



Connors, Ronald Francis (218554), 26, AACC (Att 5 RAR), Rookwood Necropolis, Sydney.





## Roll of Honour – Vietnam, month of October 1962-75 ... Lest We Forget

### October 1969, continued

Duncuff, Alan Leslie (5716228), 21, 1 FldSqn, Spr, Allambie Park Cemetery, Albany, WA.



Hansen, Peter Roy (511317), 23, 6 RAR, Pte, Karrakatta Cemetery, Perth.



Holloway, John Wallace (3794544), 22, 9 RAR, Pte, Springvale Crematorium, Melbourne.



O'Neill, Allan Leslie (36547), 22, Cpl, 2SqnSAS (RA INF), Karrakatta Cemetery, Perth.

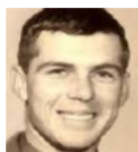


Prior, Kevin John (1734329), 22, ( RAR, Pte, Rockhampton Crematorium, Qld.



### October 1970

Davies, Rex William (422514), 25, 7 RAR, 2Lt, Stirling North Garden Cemetery, Port Augusta, SA.



### October 1971, continued

Schuit, Martinus Jacobus M (4720852), 23, 17 ConstSqn, Spr, Centennial Park Cemetery, Adelaide.



Willoughby, Garry Ian (3797671), 22, 2 RAR, Pte, Lilydale Cemetery, Melbourne.



### October 1971

Hall, John (243015), 30, 12 FldRegt, SSgt, Garden of Remembrance, Rookwood, Sydney.



Parker, Roderick Thomas Ross (218346), 27, 12 FldRegt, Sgt, Garden of Remembrance, Rookwood, Sydney.



Scott, Terence Ronald (38649), died 18 Oct 1971 aged 24, served 7 RAR 1967-68, Springvale Botanical Cemetery, Vic.



- *Information and photos from Australian War Memorial, Roll of Honour; Department of Veterans Affairs; Virtual War Memorial, Australia; Vietnam Veterans Memorial Fund Wall of Faces; Find A Grave.*

**'At the going down of the sun and in the morning we will remember them ...'**



*Australian War Memorial, Canberra: Iroquois helicopter on display in the Vietnam War gallery (REL/12323)*



# Application for Membership/Renewal



**RENEWING MEMBERS NEED TO COMPLETE 1-6 ONLY!**

1. FAMILY NAME..... GIVEN NAME.....NICKNAME.....
  2. SERVICE NUMBER.....
  3. EMAIL ADDRESS.....
  4. RESIDENTIAL ADDRESS.....P/C.....
  5. POSTAL ADDRESS (If different from above).....P/C.....
  6. Phone no. (.....)..... Mobile No. .... Partner's Name .....
  7. Date of Birth ...../...../..... Date of Enlistment ...../...../..... Date of Discharge ...../...../.....
  8. Did the Veteran serve under any other name Y/N if so- Family Name.....Given Name.....
  9. Honours/Awards (e.g. MM,JP) Please list.....
  - 10 Type of Membership Applying for - Ordinary, General, Associate, POSH. (Circle one please).
  11. Do you have a skill that Welfare could use? If so please advise .....
  12. If you fall ill, do you give permission for notification in the newsletter or noticeboard in the office? Y/N
  13. If you are hospitalised, do you give permission for our Hospital Visitation Officer to visit you? Y/N
  14. Do you give permission for your name and service details to be printed in the Newsletter? Y/N
  15. BRANCH OF SERVICE— NAVY — ARMY — AIRFORCE (Please circle)
- Ex-service personnel other than Australian must supply copy of Discharge Certificate and Drivers License.  
Currently serving ADF personnel must supply evidence of service.

1st Tour	2nd Tour	3rd Tour
From...../...../.....To ...../...../.....	From...../...../.....To ...../...../.....	From ...../...../..... To ...../...../.....
Unit:		

**New applicants for membership must have a nominator and seconder.**

Nominated by: .....Signature of Nominator: .....

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Please make Cheque/Money Order payable to: VVAA Sunshine Coast Sub-Branch Inc.

Post to: VVAA Sunshine Coast, PO Box 533, COTTON TREE, QLD. 4558

I, the undersigned, hereby apply to be admitted to membership of the VVAA Sunshine Coast Sub-Branch Inc. and, if accepted, I agree to be bound by the terms and conditions of its Constitution, By-laws which are now in force and which hereafter be in force.

Signature of Applicant..... Date...../...../.....

Received by ..... (Please Print)    Receipt No.....Date ...../...../.....